

# 2018 Course Schedule

## Swedish Massage - 100 hrs \$1495 • \$150 Non-refundable deposit

Jan 6 - Mar 31	Sat	9-6	June 1 - July 30 (off 7/4)	M/W/F	9-1	Sept 18 - Dec 13 (off 11/22)	T/Th	6-10
Feb 1 - Apr 26	T/Th	6-10	July 10 - Aug 21	T/Th	9-6	Oct 15 - Dec 12 (off 11/23)	M/W/F	9-1
Mar 5 - Apr 30	M/W/F	9-1	Sept 8 - Dec 8 (off 11/24)	Sat	9-6	Nov 6 - Dec 20 (off 11/22)	T/Th	9-6
Apr 7 - July 7 (off 5/26)	Sat	9-6						

## Deep Tissue Foundations - 150 hrs \$2150 • \$150 Non-refundable deposit

### \*ANATOMY & PHYSIOLOGY:

#### Human Structure & Movement - 64 hrs

Jan 4 - Feb 27	T/Th	6-10
Mar 10 - Apr 28	Sat	9-6
May 7 - Jun 13 (off 5/28)	M/W/F	9-1
July 9 - Aug 27	Mon	9-6
Sept 11 - Oct 4	T/Th	9-6
Oct 15 - Dec 10 (off 11/21)	M/W	6-10

### \*DEEP TISSUE APPLICATIONS - 56 hrs

Jan 17 - Feb 16	M/W/F	9-1
Mar 6 - Apr 19	T/Th	6-10
May 5 - June 23 (off 5/26)	Sat	9-6
June 18 - July 20 (off 7/4)	M/W/F	9-1
Sept 8 - Oct 20	Sat	9-6
Oct 9 - 30	T/Th	9-6

### \*INTEGRATION & ASSESSMENT - 30 hrs

Jan 14 - Feb 4	Sun	9-6
May 1 - 24	T/Th	6-10
July 7 - 28	Sat	9-6
Nov 6 - 15	T/Th	9-6

## Shiatsu & Acupressure Foundations - 150 hrs \$2150 • \$150 Non-refundable deposit

### SHIATSU - 64 hrs

Jan 7 - Feb 25	Sun	9-6
Mar 5 - Apr 25	M/W	6-10
June 7 - July 26	Thurs	9-6
Sept 9 - Oct 28	Sun	9-6
Nov 5 - Jan 9 (off 11/21, 12/24, 12/26, 12/31)	M/W	6-10

### ACUPRESSURE - 56 hrs

Jan 8 - Feb 19	Mon	9-6
Mar 4 - Apr 22 (off 4/1)	Sun	9-6
May 2 - June 20 (off 5/28)	M/W	6-10
Aug 2 - Sept 13	Thurs	9-6
Nov 4 - Jan 6 (off 11/25, 12/23, 12/30)	Sun	9-6

### \*INTEGRATION & ASSESSMENT - 30 hrs

Jan 4 - 30	T/Th	6-10
Mar 5 - 26	Mon	9-6
Apr 29 - May 20	Sun	9-6
July 2 - July 30 (off 7/4)	M/W	6-10
Oct 4 - 25	Thurs	9-6

\*Courses marked with \* have prerequisites.

*All courses can be included in a program or taken individually as continuing education.*

McKinnon is dedicated to offering an affordable education.

Ask us about payment options and discounts.

*Call or visit our website for more details.*

**(510) 465-3488 • mckinnonbtc.com**

### Sunday Night Practice Sessions

Build confidence and improve your craft through weekly supervised practice sessions with McKinnon instructors.

These hands-on practice sessions are a great opportunity to experience other modalities while honing your skills.

Every Sunday evening, 6-9pm.

Free for enrolled students

\$10 for graduates and past students

McKinnon offers a selection of introductory classes for people who are exploring their interest in massage. Students will walk away with basic skills that they can begin using with friends and family.

#### INTRO TO MASSAGE - 8 hrs \$160

Jan 13	Sat	9-6
Aug 19	Sun	9-6

#### MASSAGE FOR PARTNERS - 6 hrs \$120/2 students

Feb 17	Sat	10-5
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#### MASSAGE FOR CAREGIVERS - 8 hrs \$160

May 13	Sun	9-6
Oct 8	Mon	9-6

We also recommend Intro to Tui Na & Acu-Facial. See the following page for dates and times.

# 125-Hour Courses \$1950 • \$150 Non-refundable deposit

*Develop & refine palpation, assess & apply the tools for body restoration. Delve deeper, integrate more skills & work with more confidence.*

## \*CLINICAL DEEP TISSUE

Feb 18 - Jun 17 (off 4/1, 5/27) Sun 9-6  
 Sept 10 - Dec 17 Mon 9-6  
 plus one clinic day TBD

## \*CRANIOSACRAL THERAPY - 125 hrs \$1950

\$150 non-refundable registration fee  
 Jan 9 - Apr 26 T/Th 6-10  
 Aug 28 - Dec 18 (off 11/28) T/Th 6-10

## INTRO to CRANIOSACRAL - 24 hrs \$440

Jan 5 - 7 Fri-Sun 9-6  
 May 3 - June 7 Thurs 6-10  
 Aug 24 - 26 Fri-Sun 9-6

## \*ADVANCED CRANIO - 16 hrs \$310

June 30 & July 1 Sat/Sun 9-6

## \*ABDOMINAL MASSAGE - 16 hrs \$310

Feb 5 - 26 Mon 6-10

## ACU-FACIAL - 8 hrs \$160

Apr 9 Mon 9-6

## \*ADVANCED SWEDISH - 24 hrs \$440

Mar 5 - Apr 9 Mon 6-10  
 Aug 6 - 20 Mon 9-6

## \*BODY MECHANICS - 8 hrs \$160

Jan 13 Sat 9-6  
 June 10 Sun 9-6  
 Nov 3 Sat 9-6

## \*ESSENTIAL OILS FOR MASSAGE - 8 hrs \$175

Apr 13 Fri 9-6  
 Sept 28 Fri 9-6

## \*ADVANCED SHIATSU

May 4 - Aug 17 Fri 9-6

## \*5 ELEMENT ACUPRESSURE

Sept 8 - Jan 12 Sat 9-6  
 (off 11/24, 12/22, 12/29)

## \*TOUCH, HEALTH & COMMON CONDITIONS

Students must have liability insurance.  
 Mar 6 - June 19 Tues 9-6  
 Sept 9 - Dec 16 (off 11/25) Sun 9-6  
 plus 2 field trips. Dates and times TBD

*All tuition listed below includes a non-refundable \$50 registration fee, due at the time of enrollment. Remaining tuition is due on or before the first day of class.*

## INTRO TO ESALEN™ - 8 hrs \$160

Feb 9 Fri 9-6

## \*ESALEN™ - 100 hrs \$1770

Mar 9 - Apr 22 see below 9-6  
 Mar 9 - 12 Fri-Mon 9-6  
 Mar 23-25 Fri-Sun 9-6  
 Apr 6 - 8 Fri-Sun 9-6  
 Apr 20 - 22 Fri-Sun 9-6

## \*FACILITATED STRETCHING - 16 hrs \$310

Jan 20 & 27 Sat 9-6  
 Aug 18 & 19 Sat/Sun 9-6

## \*HOT STONE MASSAGE - 24 hrs \$440

Jan 15 - 29 Mon 9-6  
 Oct 5 - 19 Fri 9-6

## INFANT MASSAGE - 4 hrs \$90

Mar 31 Sat 9-1  
 Aug 25 Sat 9-1

## \*KINESIOLOGY - 16 hrs \$310

Apr 5 & 12 Thur 9-6  
 Nov 7 & 14 Wed 9-6

## \*KINESIOLOGY II - 16 hrs \$310

May 10 & 17 Thur 9-6  
 Dec 5 & 12 Wed 9-6

## \*\*"JUST..." SERIES - 8 hrs \$160

Feb 18 Neck Sun 9-6  
 May 20 Business Sun 9-6  
 July 22 Shoulders Sun 9-6  
 Sept 16 Neck Sun 9-6  
 Nov 4 Mid-Section/Diaphragm Sun 9-6

## \*\*"JUST..." CONDITION TO SOLUTION \$160

Mar 18 Sciatica/Hip Pain Sun 9-6  
 June 24 Low Back Pain Sun 9-6  
 Aug 12 Headache Sun 9-6  
 Oct 28 Frozen Shoulder/Shoulder Pain 9-6  
 Dec 16 Low Back Pain Sun 9-6

## LYMPH I - 16 hrs \$310

Jan 16 - 25 T/Th 9-1  
 May 1 - 22 Tues 6-10

## \*LYMPH II - 16 hrs \$310

Feb 6 - 15 T/Th 9-1  
 June 5 - 26 Tues 6-10

## \*LYMPH III - 16 hrs \$310

Dates and times TBA

## \*MASSAGE AND CANCER - 24 hrs \$440

Apr 27 - 29 Fri-Sun 9-6

<b>*MYOFASCIAL CUPPING - 16 hrs</b>	<b>\$310</b>
Mar 7 - 28	Wed 9-1
Aug 4 & 5	Sat/Sun 9-6
Nov 6 - 27	Tues 6-10
<b>*MYOFASCIAL CUPPING II - 16 hrs</b>	<b>\$310</b>
June 6 - 27	Wed 9-1
<b>*MYOFASCIAL RELEASE - 16 hrs</b>	<b>\$310</b>
July 8 & 15	Sun 9-6

<b>*ON-SITE CHAIR MASSAGE - 8 hrs</b>	<b>\$160</b>
Mar 2	Fri 9-6
July 29	Sun 9-6
Nov 5	Mon 9-6

<b>*PRENATAL MASSAGE - 24 hrs</b>	<b>\$440</b>
Feb 9 - 23	Fri 9-6
July 27 - 29	Fri - Sun 9-6
Nov 5 - 26 (off 11/21)	M/W 6-10

<b>REFLEXOLOGY - 24 hrs</b>	<b>\$440</b>
Feb 7 - Mar 14	Wed 6-10
Oct 4 - Nov 8	Thurs 6-10

<b>*SELF-CARE - 8 hrs</b>	<b>\$160</b>
Feb 20 & 27	Tues 9-1
Aug 11	Sat 9-6

<b>*SPA TECHNIQUES I - 8 hrs</b>	<b>\$175</b>
Feb 3	Sat 9-6
Aug 1 & 8	Wed 9-1
<b>*SPA TECHNIQUES II - 8 hrs</b>	<b>\$175</b>
May 4	Fri 9-6
Aug 15 & 22	Wed 9-1

<b>*SPORTS MASSAGE - 54 hrs</b>	<b>\$775</b>
<i>includes 1 off-site field trip, date &amp; location TBD</i>	
<i>Students must have liability insurance.</i>	
Mar 9 - Apr 20	Fri 9-6

<b>*TEST PREP FOR MBLEx - 16 hrs</b>	<b>\$310</b>
Mar 8 - 29	Thur 9-1
June 24 & July 1	Sun 9-6
Nov 29 - Dec 20	Thur 9-1

<b>*TOUCH AND TRAUMA - 24 hrs</b>	<b>\$440</b>
May 5 - 19	Sat 9-6

<b>*TRIGGER POINT - 16 hrs</b>	<b>\$310</b>
April 16 & 23	Mon 9-6
Nov 10 & 17	Sat 9-6

<b>*WORKING W/ SCAR TISSUE - 8 hrs</b>	<b>\$160</b>
Mar 26	Mon 9-6

<b>*ACUPRESSURE: Women's Health -24 hrs</b>	<b>\$440</b>
Feb 2 - 4	Fri-Sun 9-6
Nov 1 - 15	Thur 9-6

<b>REIKI I - 16 hrs</b>	<b>\$310</b>
Feb 10 & 11	Sat/Sun 9-6

<b>*REIKI II - 16 hrs</b>	<b>\$310</b>
Feb 24 & 25	Sat/Sun 9-6

<b>*REIKI III - 16 hrs</b>	<b>\$310</b>
Dates and times TBA	

<b>INTRO TO THAI MASSAGE - 24 hrs</b>	<b>\$440</b>
Jan 26 - 28	Fri-Sun 9-6
Mar 13 - 29	T/Th 9-1

<b>*THAI MASSAGE I - 48 hrs</b>	<b>\$865</b>
April 3 - May 10	T/Th 9-1

<b>*THAI MASSAGE II - 32 hrs</b>	<b>\$610</b>
June 5 - 28	T/Th 9-1

<b>*THAI MASSAGE III - 32 hrs</b>	<b>\$610</b>
Jan 9 - Feb 1	T/Th 9-1

<b>*TABLE SHIATSU - 24 hrs</b>	<b>\$440</b>
May 15 - 31	T/Th 9-1
Nov 2 - 16	Fri 9-6

<b>INTRO TO TUI NA - 8 hrs</b>	<b>\$160</b>
Jan 6	Sat 9-6
July 14	Sat 9-6

<b>TUI NA FOUNDATIONS - 32 hrs</b>	<b>\$610</b>
Feb 10/11 & Mar 3/4	Sat/Sun 9-6
Aug 4/5 & 11/12	Sat/Sun 9-6

<b>*TUI NA: APPLICATIONS - 32 hrs</b>	<b>\$610</b>
Oct 14 /21 & Nov 11/18	Sun 9-6

<b>*TUI NA: MERIDIANS &amp; POINTS - 16 hrs</b>	<b>\$310</b>
Apr 14 & 15	Sat/Sun 9-6

<b>*TUI NA CUPPING - 16 hrs</b>	<b>\$310</b>
Jan 20 & 21	Sat/Sun 9-6
July 21 & 22	Sat/Sun 9-6

<b>TUI NA for CHAKRAS - 8 hrs</b>	<b>\$160</b>
Feb 26	Mon 9-6
Aug 18	Sat 9-6

<b>*ADVANCED TUI NA - 24 hrs</b>	<b>\$440</b>
Dec 2, 8 & 9	Sat/Sun 9-6

<b>TUI NA REFLEXOLOGY - 24 hrs</b>	<b>\$440</b>
June 2 - 16	Sat 9-6
Dec 6 - 20	Thur 9-6

### *Business Education*

<b>*GETTING NOTICED &amp; GETTING HIRED - 8 hrs</b>	
Feb 17	Sat 9-6
June 10	Sun 9-6
Oct 2 & 9	Tues 9-1

<b>*MAKING \$ AND PAYING TAXES - 8 hrs</b>	<b>\$160</b>
Mar 17	Sat 9-6
Nov 20 & 27	Tues 9-1

<b>*REBOOKING AND MARKETING - 8 hrs</b>	<b>\$160</b>
May 6	Sun 9-6
Oct 23 & 30	Tues 9-1