

2018 Course Schedule

Swedish Massage - 100 hrs \$1495 • \$150 Non-refundable deposit

Jan 6 - Mar 31	Sat 9-6	June 1 - July 30 (off 7/4)	M/W/F 9-1	Sept 18 - Dec 13 (off 11/22)	T/Th 6-10
Feb 1 - Apr 26	T/Th 6-10	July 10 - Aug 21	T/Th 9-6	Oct 15 - Dec 12 (off 11/23)	M/W/F 9-1
Mar 5 - Apr 30	M/W/F 9-1	Sept 8 - Dec 8 (off 11/24)	Sat 9-6	Nov 6 - Dec 20 (off 11/22)	T/Th 9-6
Apr 7 - July 7 (off 5/26)	Sat 9-6				

Deep Tissue Foundations - 150 hrs \$2150 • \$150 Non-refundable deposit

*ANATOMY & PHYSIOLOGY:

Human Structure & Movement - 64 hrs

Jan 4 - Feb 27	T/Th 6-10
Mar 10 - Apr 28	Sat 9-6
May 7 - Jun 13 (off 5/28)	M/W/F 9-1
July 9 - Aug 27	Mon 9-6
Sept 11 - Oct 4	T/Th 9-6
Oct 15 - Dec 10 (off 11/21)	M/W 6-10

*DEEP TISSUE APPLICATIONS - 56 hrs

Jan 17 - Feb 16	M/W/F 9-1
Mar 6 - Apr 19	T/Th 6-10
May 5 - June 23 (off 5/26)	Sat 9-6
June 18 - July 20 (off 7/4)	M/W/F 9-1
Sept 8 - Oct 20	Sat 9-6
Oct 9 - 30	T/Th 9-6

*INTEGRATION & ASSESSMENT - 30 hrs

Jan 14 - Feb 4	Sun 9-6
May 1 - 24	T/Th 6-10
July 7 - 28	Sat 9-6
Nov 6 - 15	T/Th 9-6

Shiatsu & Acupressure Foundations - 150 hrs \$2150 • \$150 Non-refundable deposit

SHIATSU - 64 hrs

Jan 7 - Feb 25	Sun 9-6
Mar 5 - Apr 25	M/W 6-10
June 7 - July 26	Thurs 9-6
Sept 9 - Oct 28	Sun 9-6
Nov 5 - Jan 9	M/W 6-10
(off 11/21, 12/24, 12/26, 12/31)	

ACUPRESSURE - 56 hrs

Jan 8 - Feb 19	Mon 9-6
Mar 4 - Apr 22 (off 4/1)	Sun 9-6
May 2 - June 20 (off 5/25)	M/W 6-10
Aug 2 - Sept 13	Thurs 9-6
Nov 4 - Jan 6	Sun 9-6
(off 11/25, 12/23, 12/30)	

*INTEGRATION & ASSESSMENT - 30 hrs

Mar 5 - 26	Mon 9-6
Apr 29 - May 20	Sun 9-6
July 2 - July 30 (off 7/4)	M/W 6-10
Oct 4 - 25	Thurs 9-6

*Courses marked with * have prerequisites.

All courses can be included in a program or taken individually as continuing education.

McKinnon is dedicated to offering an affordable education.

Ask us about payment options and discounts.

Call or visit our website for more details.

(510) 465-3488 • mckinnonbtc.com

Sunday Night Practice Sessions

Build confidence and improve your craft through weekly supervised practice sessions with McKinnon instructors.

These hands-on practice sessions are a great opportunity to experience other modalities while honing your skills.

Every Sunday evening, 6-9pm.

Free for enrolled students

\$10 for graduates and past students

McKinnon offers a selection of introductory classes for people who are exploring their interest in massage. Students will walk away with basic skills that they can begin using with friends and family.

INTRO TO MASSAGE - 8 hrs \$160

Jan 13	Sat	9-6
Aug 19	Sun	9-6

MASSAGE FOR PARTNERS - 6 hrs \$120/2 students

Feb 17	Sat	10-5
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We also recommend Intro to Tui Na & Acu-Facial. See the following page for dates and times.

125-Hour Courses \$1950 • \$150 Non-refundable deposit

Develop & refine palpation, assess & apply the tools for body restoration. Delve deeper, integrate more skills & work with more confidence.

*CLINICAL DEEP TISSUE

Feb 18 - Jun 17 (off 4/1, 5/27) Sun 9-6
 Sept 10 - Dec 17 Mon 9-6
 plus one clinic day TBD

*CRANIOSACRAL THERAPY - 125 hrs \$1950

\$150 non-refundable registration fee

Jan 9 - Apr 26 T/Th 6-10
 Sept 4 - Dec 18 Tues 9-6

INTRO to CRANIOSACRAL - 24 hrs \$440

Jan 5 - 7 Fri-Sun 9-6
 May 3 - June 7 Thurs 6-10
 Aug 24 - 26 Fri-Sun 9-6

*ADVANCED CRANIO - 24 hrs \$440

Dates and times TBA

*ABDOMINAL MASSAGE - 16 hrs \$310

Feb 5 - 26 Mon 6-10

ACU-FACIAL - 8 hrs \$160

Apr 9 Mon 9-6

*ADVANCED SWEDISH - 24 hrs \$440

Mar 5 - Apr 9 Mon 6-10
 Aug 6 - 20 Mon 9-6

*BODY MECHANICS - 8 hrs \$160

Jan 13 Sat 9-6
 June 10 Sun 9-6
 Nov 3 Sat 9-6

*ESSENTIAL OILS FOR MASSAGE - 8 hrs \$175

Apr 13 Fri 9-6
 Sept 28 Fri 9-6

*ADVANCED SHIATSU

May 4 - Aug 17 Fri 9-6

*5 ELEMENT ACUPRESSURE

Sept 8 - Jan 12 Sat 9-6
 (off 11/24, 12/22, 12/29)

*TOUCH, HEALTH & COMMON CONDITIONS

Students must have liability insurance.

Mar 6 - June 19 Tues 9-6
 Sept 9 - Dec 16 (off 11/25) Sun 9-6
 plus 2 field trips. Dates and times TBD

All tuition listed below includes a non-refundable \$50 registration fee, due at the time of enrollment. Remaining tuition is due on or before the first day of class.

INTRO TO ESALEN™ - 8 hrs \$160

Feb 9 Fri 9-6

*ESALEN™ - 100 hrs \$1770

Mar 9 - Apr 22 see below 9-6
 Mar 9 - 12 Fri-Mon 9-6
 Mar 23-25 Fri-Sun 9-6
 Apr 6 - 8 Fri-Sun 9-6
 Apr 20 - 22 Fri-Sun 9-6

*FACILITATED STRETCHING - 16 hrs \$310

Jan 20 & 27 Sat 9-6
 Aug 18 & 19 Sat/Sun 9-6

*HOT STONE MASSAGE - 24 hrs \$440

Jan 15 - 29 Mon 9-6
 Oct 5 - 19 Fri 9-6

INFANT MASSAGE - 4 hrs \$90

Mar 31 Sat 9-1
 Aug 25 Sat 9-1

*KINESIOLOGY - 16 hrs \$310

Apr 5 & 12 Thur 9-6
 Nov 7 & 14 Wed 9-6

*KINESIOLOGY II - 16 hrs \$310

May 10 & 17 Thur 9-6
 Dec 5 & 12 Wed 9-6

**"JUST..." SERIES - 8 hrs \$160

Feb. 18 Neck Sun 9-6
 May 20 Business Sun 9-6
 July 22 Shoulders Sun 9-6
 Sept 16 Neck Sun 9-6
 Nov 4 Mid-Section/Diaphragm Sun 9-6

**"JUST..." CONDITION TO SOLUTION \$160

Mar. 18 Sciatica/Hip Pain Sun 9-6
 June 24 Low Back Pain Sun 9-6
 Aug 12 Headache Sun 9-6
 Oct 28 Frozen Shoulder/Shoulder Pain 9-6
 Dec 16 Low Back Pain Sun 9-6

LYMPH I - 16 hrs \$310

Jan 16 - 25 T/Th 9-1
 May 1 - 22 Tues 6-10

*LYMPH II - 16 hrs \$310

Feb 6 - 15 T/Th 9-1
 June 5 - 26 Tues 6-10

*LYMPH III - 16 hrs \$310

Dates and times TBA

*MASSAGE AND CANCER - 24 hrs \$440

Apr 27 - 29 Fri-Sun 9-6

*MYOFASCIAL CUPPING - 16 hrs	\$310
Mar 7 - 28	Wed 9-1
Aug 4 & 5	Sat/Sun 9-6
Nov 6 - 27	Tues 6-10
*MYOFASCIAL CUPPING II - 16 hrs	\$310
June 6 - 27	Wed 9-1
*MYOFASCIAL RELEASE - 16 hrs	\$310
July 8 & 15	Sun 9-6

*ON-SITE CHAIR MASSAGE - 8 hrs	\$160
Mar 2	Fri 9-6
July 29	Sun 9-6
Nov 5	Mon 9-6

*PRENATAL MASSAGE - 24 hrs	\$440
Feb 9 - 23	Fri 9-6
July 27 - 29	Fri - Sun 9-6
Nov 5 - 26	M/W 6-10

REFLEXOLOGY - 24 hrs	\$440
Feb 7 - Mar 14	Wed 6-10
Oct 4 - Nov 8	Tues 6-10

*SELF-CARE - 8 hrs	\$160
Feb 20 & 27	Tues 9-1
Aug 11	Sat 9-6

*SPA TECHNIQUES I - 8 hrs	\$175
Feb 3	Sat 9-6
Aug 1 & 8	Wed 9-1
*SPA TECHNIQUES II - 8 hrs	\$175
May 4	Fri 9-6
Aug 15 & 22	Wed 9-1

*SPORTS MASSAGE - 54 hrs	\$775
<i>includes 1 off-site field trip, date & location TBD</i>	
<i>Students must have liability insurance.</i>	
Mar 9 - Apr 20	Fri 9-6

*TEST PREP FOR MBLEx - 16 hrs	\$310
Mar 8 - 29	Thur 9-1
June 24 & July 1	Sun 9-6
Nov 29 - Dec 20	Thur 9-1

*TOUCH AND TRAUMA - 24 hrs	\$440
May 5 - 19	Sat 9-6

*TRIGGER POINT - 16 hrs	\$310
April 16 & 23	Mon 9-6
Nov 10 & 17	Sat 9-6

*WORKING W/ SCAR TISSUE - 8 hrs	\$160
Mar 26	Mon 9-6

*ACUPRESSURE: Women's Health -24 hrs	\$440
Feb 2 - 4	Fri-Sun 9-6
Nov 1 - 15	Thur 9-6

REIKI I - 16 hrs	\$310
Feb 10 & 11	Sat/Sun 9-6

*REIKI II - 16 hrs	\$310
Feb 24 & 25	Sat/Sun 9-6

*REIKI III - 16 hrs	\$310
Dates and times TBA	

INTRO TO THAI MASSAGE - 24 hrs	\$440
Jan 26 - 28	Fri-Sun 9-6
Mar 13 - 29	T/Th 9-1

*THAI MASSAGE I - 48 hrs	\$865
April 3 - May 10	T/Th 9-1

*THAI MASSAGE II - 32 hrs	\$610
June 5 - 28	T/Th 9-1

*THAI MASSAGE III - 32 hrs	\$610
July 10 - Aug 1	T/Th 9-1

*TABLE SHIATSU - 24 hrs	\$440
Nov 2 - 16	Fri 9-6

INTRO TO TUI NA - 8 hrs	\$160
Jan 6	Sat 9-6
July 14	Sat 9-6

TUI NA FOUNDATIONS - 32 hrs	\$610
Feb 10/11 & Mar 3/4	Sat/Sun 9-6
Aug 4/5 & 11/12	Sat/Sun 9-6

*TUI NA: APPLICATIONS - 32 hrs	\$610
Oct 14 /21 & Nov 11/18	Sun 9-6

*TUI NA: MERIDIANS & POINTS - 16 hrs	\$610
Apr 14 & 15	Sat/Sun 9-6

*TUI NA CUPPING - 16 hrs	\$310
Jan 20 & 21	Sat/Sun 9-6
July 21 & 22	Sat/Sun 9-6

TUI NA for CHAKRAS - 8 hrs	\$160
Feb 26	Mon 9-6
Aug 18	Sat 9-6

*ADVANCED TUI NA - 24 hrs	\$440
Dec 2, 8 & 9	Sat/Sun 9-6

REFLEXOLOGY EAST - 24 hrs	\$440
June 2 - 16	Sat 9-6
Dec 6 - 20	Thur 9-6

<i>Business Education</i>		
*GETTING NOTICED & GETTING HIRED - 8 hrs		
Feb 17	Sat	9-6
June 10	Sun	9-6
Oct 2 & 9	Tues	9-1
*MAKING \$ AND PAYING TAXES - 8 hrs	\$160	
Mar 17	Sat	9-6
Nov 20 & 27	Tues	9-1
*REBOOKING AND MARKETING - 8 hrs	\$160	
May 6	Sun	9-6
Oct 23 & 30	Tues	9-1